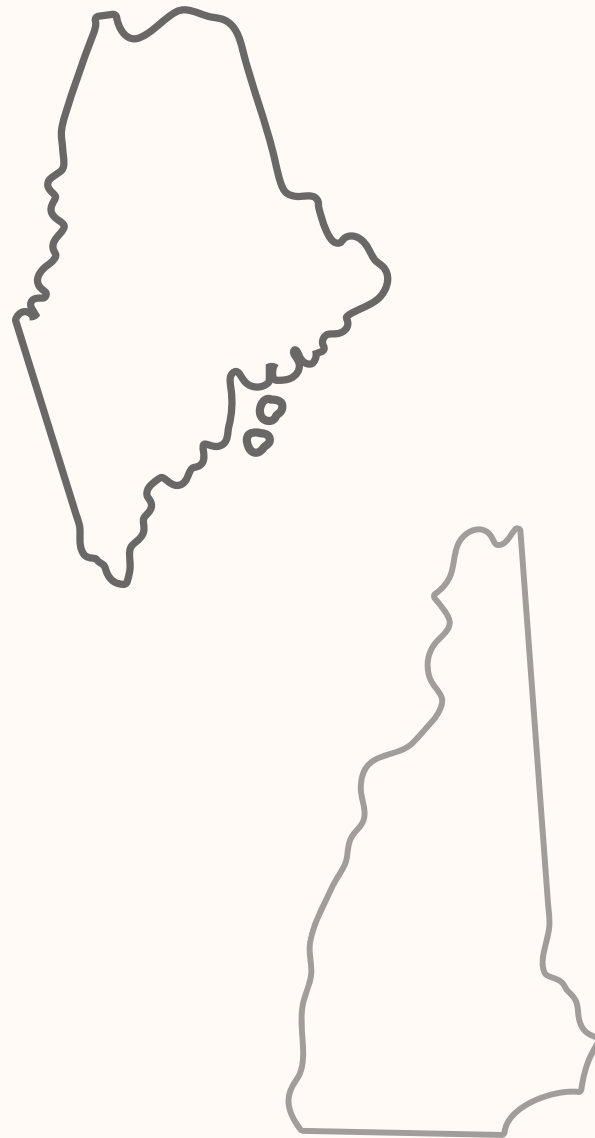
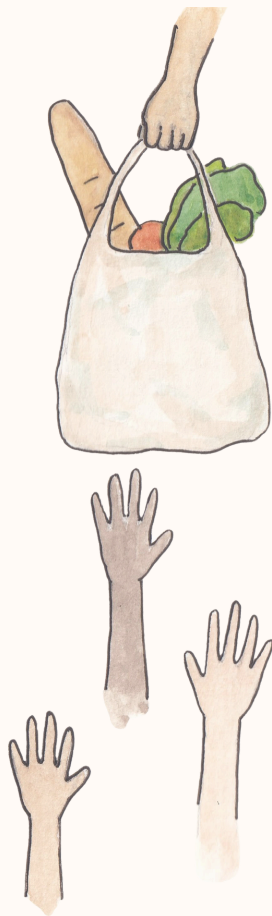


food access resource for york county, me & rockingham county nh



find free & affordable food in maine

Food Assistant Programs by Town

Maine Department of Agriculture

<https://www.maine.gov/dacf/ard/food-assistance/tefap/bytown.shtml>

Maine Food Resources, Alphabetical

The Maine Soapbox

<https://themainesoapbox.substack.com>

State Wide Food Access Resource Map

Maine Food Atlas

<https://mainefoodatlas.org/food-atlas/>

Search For Free & Affordable Food Near You

Good Shepherd Food Bank of Maine

<https://www.gsfb.org/food-map/>

find free & affordable food in new hampshire

NH Food Access Map, Cooperative Extension,
University of New Hampshire

<https://extension.unh.edu/resource/new-hampshire-food-access-map>

NH Food Support [UNH Extension]

food and resource database, eat well no matter your budget.

<https://extension.unh.edu/resource/new-hampshire-food-access-map>

NH Food Bank Map

<https://nhfoodbank.org/find-food/food-map/>

NOFA-NH Food Access Resources

<https://www.nofanh.org/nh-food-access-resources>

The Emergency Food Assistance Program (TEFAP),
Community Action Program - Belknap, Merrimack County

<https://capbm.org/tefap>

find or give food in rockingham county

take what you need, share what you can

newmarket community fridge

207 S. Main Street, Newmarket, NH , 03857

cornucopia food pantry

15 Mill Road, Durham, NH. basement of The Waysmeet Center

M 1-4pm, T 3-6pm, F 12-2pm.

Food pantry donations can be dropped off M-F 9am-3pm.

<https://waysmeetcenter.org/>

cat's cupboard

Memorial Union Building, 89 Main Street, Durham, NH

Mondays- Fridays 4pm-7pm.

for current university of new hampshire students & employees only

find or give food in rockingham county, nh

take what you need, share what you can

exeter community fridge

Located at the Exeter YMCA, 56 Linden St | open 24/7

https://www.instagram.com/exeter_community_fridge/?hl=en

exeter st. vincent de paul food pantry

53 Lincoln St, Exeter, NH 03833

Monday, Wednesday, & Friday: 10:00 AM - 12:00 PM

Monday & Wednesday Nights: 7 PM - 8 PM

Senior Food Pantry - 2nd Tuesday of each month, 10:00 AM - 12:00 PM

<https://svdpexeter.com/>

hampton st. vincent de paul food pantry

289 Lafayette Road Hampton NH, 03842

Monday, Tuesday, Thursday and Friday - 10:00am - noon

<https://svdphampton.com/food-pantry/>

find or give food in rockingham county, nh

take what you need, share what you can

seeds of faith food pantry

1 front street, suite #160 rollinsford, nh

mondays from 10:00am-12:00pm.

<https://seedsoffaithnh.org/food-pantry/>

barrington community food pantry

105C ramsdell lane, barrington, nh [next to the town gym]

thursdays from 6:00 pm to 7:30 pm

<https://www.barrington.nh.gov/welfare-department/pages/barrington-community-food-pantry>

somersworth community food pantry

176 west high street, somersworth, nh

monday: 10:00am-12:00pm, wednesday: 6:00pm-8:00pm, thursday: 3:00pm-5:00pm

sharefund

150 Wakefield St, Rochester NH

open monday\wednesdays 10am-3pm & friday 930am-1130am

<https://www.sharefund.org/>

find or give food in rockingham county, nh

take what you need, share what you can

gather community food center

124 heritage avenue, portsmouth, nh

Monday-Thursday 10-5pm, Friday 10-2pm

<https://www.gathernh.org/>

operation blessing food pantry

600 A Lafayette Road, Portsmouth, nh

Wednesdays, thursdays & fridays 10am-4pm

Saturdays 9am-12pm

portsmouth community fridge

located at 80 Manor Drive, Portsmouth, NH

<https://www.facebook.com/portsmouth.fridge/>

Rochester Food Pantry

Open from 12:00 to 4:00p.m. on Tuesdays

10 Cold Spring Manor

find or give food in york county

take what you need, share what you can

mainspring

22 Shapleigh Road, Kittery, ME

Monday-Friday, 8:00am - 4:00pm

<https://www.mainspringcollective.org/>

seacoast community fridge

located at the Kittery, ME community center

120 Rogers Rd, Kittery, ME 03904

<https://www.facebook.com/seacoastfridge/>

neighbors food pantry

912 Harold L Dow Highway, Eliot, me

no proof of residency, sign up or appointments required

Thursdays- 9:30 - 12:00 pm & 5:30 - 6:30 pm & **delivery**

Call (207) 748-1248 for assistance or to schedule a delivery

<https://www.neighborsfoodpantry.com>

find or give food in york county, me

take what you need, share what you can

south berwick community food pantry

47 Ross Street in South Berwick, Maine

thursday 6:00pm-7:30pm & friday 10:00am-11:30am

<https://www.facebook.com/p/South-Berwick-Community-Food-Pantry-100089531454094/>

big love one community

220 Buffum Road, north berwick, ME

open 24/7

<http://www.biglove.community/>

house of hope

Monday, Tuesday and Thursday 5pm-6pm

25 Sawmill Hill Berwick, ME 03901

free & shared meals

york county, me \ rockingham county, nh

food & fellowship

wednesdays @ 6:15pm

Recovery Church Portsmouth

129 Miller Avenue, Portsmouth, NH

st. john's church, portsmouth

breakfast - mondays, 6:30-8:30am lunch - thursdays, 12-1

101 Chapel St, [Lunch includes grab & go]

seacoast community lunch

wednesdays, 12:00-1:00pm

Middle Street Baptist Church

18 Court Street, Portsmouth, NH 03801

operation blessing cafe

Saturdays 11:00am - 12:30pm, Sundays 3:00pm - 4:30pm

600 A Lafayette Road, Portsmouth, nh

@culivatenh

free & shared meals

york community suppers

First Parish Church: 180 York Street York, me

1st and 3rd Tuesday of every month

Fellowship Hall @ 4:00 pm

Dinner served promptly at 5:00 pm

table of plenty

drive-thru, take-home meals, wednesdays 4:00-5.30

Berwick United Methodist Church-37 School Street

drive up to the back doors to receive meals.

We're on the Coast Bus route.

<https://www.thetableofplenty.com/>

give & gather

bi-monthly free meal & community gathering

location varies, follow @giveand_gather

free & shared meals

york county, me \ rockingham county, nh

soups on

3rd Wednesday of the month, 11:30am, September - May

Kittery, ME community center

120 Rogers Rd, Kittery, ME 03904

mainspring breakfast cafe

Tuesday\Thursday - 7-9am

mainspring community dinner

Thursday - 4-5pm

22 Shapleigh Road, Kittery, ME

<https://www.mainspringcollective.org/>

House of Hope

Monday, Tuesday and Thursday 5pm-6pm

25 Sawmill Hill Berwick, ME 03901

find discounted food for furloughed shipyard & other federal employees

Berwick

Badwolfe Butcher & Deli is offering 30% off all showcase items and veggies.
Moe's Italian Sandwiches (Berwick Only) is offering a 25% discount.

Dover

The Farm Bar & Grill iBuy One, Get One meals (dine in only)

Kittery

Badger's Island Pizza delivery discount, call 207-439-5996 for further details.
Dave's Maine Cafe 20% off during Happy Hour (3pm-5pm).
Rudder's Public House \$10 meal specials which include a side, available everyday.
The Corner Pub 25% off all-day, Monday through Friday.
The Rusty Razor Barber Shop \$10 discount on services.

Sanbornville

Tumbledown Farm to Fork Buy One, Get One handhelds, burgers, or entrees

York

The Booktenders 20% discount & hosting a relief drive [food, hygiene products, diapers, gas cards, and grocery gift cards]

transportation support in nh

easterseals NH transportation services

rides for senior citizens, students & individuals with disabilities

<https://eastersealsnh.org/programs/transportation/>

NHCarePath:

home care resources

<https://www.dhhs.nh.gov/programs-services/adult-aging-care/nhcarepath>

Commute Smart NH

carpool & alternative transportation resources

<https://commutesmartnh.org/regions/rideshare/>

COAST Bus Line

affordable public transportation option in nh

<https://coastbus.org/schedules>

ride COAST bus line to find food

<https://coastbus.org>

Gerry's Food Pantry – Rochester

House of Hope – Berwick

Table of Plenty – Berwick

Our Daily Bread Food Pantry – Dover

Community Action Partnership of

Stratford County – Dover

Dover Food Pantry – Dover

mobile food access

gather mobile market

locations in dover, farmington, hampton, portsmouth,
rochester & somersworth

<https://www.gathernh.org/mobilemarket>

red's good vibes

free mobile food truck

find the truck: follow @redsgoodvibes

<https://www.redsgoodvibes.com>

transportation support in me

find a ride

search for a transportation program in your community

<https://www.lifelongmaine.org/resources/volunteer-transport/find-a-ride>

go maine carpool

find a carpool or vanpool partner

<https://gomaine.org/carpool/>

@culivatenh

gather mobile market locations

<https://www.gathernh.org/mobilemarket>

Dover

Wentworth-Douglass, 15 Old Rollinsford Road

Waldron Towers, 3 Green Street

Whittier Falls, 50 Whittier Street

farmington

13 Central Hampton Academy, 29 Academy Ave

Hampton Municipal Lot, 30 High Street

Hampton Falls Avesta, 27 Brown Road

Portsmouth

Margeson Apartments, 245 Middle Street

Senior Center, 125 Cottage Street

Gosling Meadows, 36 Wedgewood Road

Woodbury Manor, 10 Manor Drive

Atlantic Heights, 40 Bedford Way

gather mobile market locations

<https://www.gathernh.org/mobilemarket>

Raymond

Lamprey Health Care, 128 NH-27

Rochester

Grace Community Church, 57 Wakefield Street

Cold Spring Manor, 31 Emerson Ave

Seabrook

Rockingham Village Apartments, 117 Cimarron Drive

Seabrook Rec Center, 311 Lafayette Road

Somersworth

American Legion, 45 Washington Street

Tucker's Parking Lot, 250 Indian Brook Drive

end 68 hours of hunger locations free weekend meals for kids

Durham/Lee/Madbury

food drop off - 33 coe drive, durham, nh

Barrington

107 edgewater drive, barrington nh
drop off food at barrington public library

Portsmouth

food drop off wednesday 10 am – 2 pm
First United Methodist Church, 129 Miller Ave. portsmouth, nh

Dover

drop off at St. John's United Methodist, Saturdays 10-11am or
Tri-City Subaru [dover]

end 68 hours of hunger locations free weekend meals for kids

Newmarket

drop off locations:

Panzanella's: 12A Weaver St., Newmarket

The Newmarket Polish Club: 18 Central St., Good Juju: 108

Main Street, Rumors Sports Bar: 22 N. Main Street

Rochester

drop off @ wit-way supply, 54 allen st, rochester, nh

Somersworth

drop off @ tri-city chrysler dodge jeep ram

Exeter

drop off @ Tuck Learning Center, Linden St in Exeter.

serves Newfields, Stratham, East Kingston, Brentwood & Kensington

end 68 hours of hunger locations

free weekend meals for kids

Hampton

205 Oak Ridge Road, Plaistow NH 03865

Epping

62 Meadowbrook Drive, Epping, NH 03042

Kittery, ME

Kittery Town Hall Lobby, 200 Rogers Road, Kittery

York, ME

Camden National Bank, 659 Rte. 1, near Meadowbrook

Chalmers Insurance Company, 286 York St.

First Parish Church, 180 York Street

St. George's, 407 York Street

Santini Chiropractic, 4 Market Place near Microtel



@culivatenh